



**Group Classes** 

Class ideas for creating your own program for your group.

Choose or mix and match.

or connect with me and we could discuss the goals of your group.

# **Combo Series**

These series are ideal for the beginner or novice student. Great for an overview of the popular dances in their category. Focus is on the fundamentals in a fun and social way.

#### SOCIAL 6 SERIES

- Looking to getting out on the dance floor? This is the series for you. The Social 6 Series is designed to train the novice dancer in the most popular 6 ballroom dances: Foxtrot, Swing, Waltz, Tango, Rumba, and Cha-cha.. You'll be amazed how quickly you will be out on the floor and having fun. The series uses the inter-related system of teaching, making 6 dances just as easy to learn as one.

#### **BIG BAND BALLROOM**

- Learn the basics of Ballrooms most POPULAR dances. Experience the FUN and EXCITEMENT as you build CONFIDENCE on the dance floor. Foxtrot, Swing, Waltz and Tango will keep you moving to the music you LOVE. The series is taught with the Inter-related system of teaching, making several dances just as easy to learn as one.

#### LATIN MOVES TO LATIN SOUNDS

- Latin sounds will get your body MOVING in this class, covering Ballroom Cha-cha & Rumba and Club Salsa & Bachata. The nights get HOTTER as the moves become a part of you. And you're left with SATISFACTION.

#### **ALL ABOUT SWING**

If swing is your thing, this series is for you. Tailored to the type of music you're about, Robert will have you swingin' to your favorites.

# **Speciality Classes**

#### SMOOTH TECH

Smooth Tech - Footwork, body flight, dance position, top line, rise and fall. Understand the techniques that create the style

### ARM STYLING

Arm styling - Impact vs. impulse, push vs. pull. Use of zones to focus attention.

#### RHYTHM TECH

- Footwork, Cuban hip action, rib action, connection, push/pull are all necessary to make you stand out on the dance floor

### SPINS AND TURNS

- The science of turns. Individually and partnered. Learn the techniques that create balance, control & speed.

# **Single Dance**

These series are tailored to suit the group.

# SMOOTH DANCES

Waltz, Tango, Foxtrot, Viennese Waltz Levels: Bronze, Silver & Open

#### RHYTHM DANCES

Cha cha, Rumba, East Coast Swing, Bolero, Mambo Levels: Bronze, Silver & Open

#### **CLUB DANCES**

West Coast, Hustle, Salsa, Bachata, Merengue Beginner & Intermediate Levels

## COUNTRY DANCES

Two Step, Night Club Two Beginner Levels

#### **LEAD & FOLLOW**

- Understanding the roles we play in partnership dancing, who's really leading, who's responsible for what. Learn exercises that take your partnership to the next level. "There are many great dancers out on the floor, there are few great partnerships"