



Ballroom Dancing

Robert Tolentino

With over 20 years of experience, Robert will have you dancing in no time. Making the class fun is his focus, ensuring progress is his mission. "It's not your responsibility to learn, it's my responsibility to teach. And making it fun will be one of the keys to success."

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- **Combo Series**
 - **Social 8 Series** – Looking to getting out on the dance floor? This is the series for you. The Social 8 Series is designed to train the novice dancer in the most popular 8 social dances: Foxtrot, Swing, Waltz, Tango, Rumba, Cha-cha, Salsa and Merengue. You'll be amazed how quickly you will be out on the floor and having fun. The series uses the inter-related system of teaching, making 8 dances just as easy to learn as 1. You'll be a well rounded dancer in no time. Levels 1, 2, & 3 each taken in 8 week segments.
 - **Social 6 Series** - Looking to getting out on the dance floor? This is the series for you. The Social 6 Series is designed to train the novice dancer in the most popular 6 ballroom dances: Foxtrot, Swing, Waltz, Tango, Rumba, and Cha-cha.. You'll be amazed how quickly you will be out on the floor and having fun. The series uses the inter-related system of teaching, making 6 dances just as easy to learn as 1. You'll be a well rounded dancer in no time. Levels 1, 2 & 3 each taken in 6 week segments.
 - **Big Band Ballroom** - Learn the basics of Ballrooms most POPULAR dances. Experience the FUN and EXCITEMENT as you build CONFIDENCE on the dance floor. Foxtrot, Swing, Waltz and Tango will keep you moving to the music you LOVE. The series is taught with the Inter-related system of teaching, making several dances just as easy to learn as one.
 - **Latin Moves to Latin Sounds** - Latin sounds will get your body MOVING in this class, covering Cha-cha, Salsa, Rumba and Merengue. The nights get HOTTER as the moves become a part of you. And you're left with SATISFACTION.
 - **Country Dancing** – Learn to dance to your favorite country-western tunes. Two-step, country waltz, swing and three-step are covered to make sure you don't have to sit out. So grab your boots and join the fun (boots not necessary). Levels 1, 2 & 3 each taken in 6 week segments.
 - **Line Dancing** – Learn line dancing, a favorite at any social dance event, getting everyone out on the dance floor. We'll start with the basic electric slide and build from there, hitting the popular line dances of our day.
 - **Wedding Prep Series** – This is a customizable group class series to accommodate the needs of your wedding party. Show me your playlist and we'll cover the dances you'll know you'll need. We can even include a couple of line dances.
- **Single Dance Series**
 - **American Style**
 - Foxtrot, Waltz, Tango, Viennese Waltz, Cha-cha, Rumba, East Coast Swing, Bolero, Mambo, Merengue, Samba
 - Dvida Syllabus: Levels: Bronze 1, 2, 3, 4; Silver 1, 2, 3, 4
 - Advanced Variations Classes
 - **International Style** – (not currently offering)
 - Foxtrot, Waltz, Tango, Viennese Waltz, Quickstep, Cha-cha, Rumba, Jive and Samba
 - Imperial Society: Levels: Student, Associate, Member, Fellow

- **Country Western**
 - Two-step, Country Waltz, Swing, Western Swing, Nightclub Two
 - Levels: beginner, intermediate
- **Swing**
 - West Coast
 - Levels: beginner, intermediate
- **Salsa**
- **Style/Technique Workshops** – *Can be formatted as 4 class series or boot camp. Classes include exercises to develop skills and strength to execute class material. Prerequisite: level 2 dance classes*
 - **Smooth Tech** – *Footwork, body flight, dance position, top line, rise and fall. Understand the techniques that create the style*
 - **Rhythm Tech** – *Footwork, Cuban hip action, rib action, connection, push/pull: all necessary to make you stand out on the dance floor*
 - **Arm styling** – *Impact vs. impulse, push vs. pull. Use of zones to focus attention. Understand how arm styling tells the story, making you look great on the dance floor.*
 - **Spins and Turns** – *The science of turns. Individually and partnered. Learn the techniques that create balance, control and speed. Spins, pivots, spirals, chase, runarounds, boxes.*
 - **Leading and Following** - *Understanding the roles we play in partnership dancing, who's really leading, who's responsible for what. Learn exercises that take your partnership to the next level. "There are many great dancers out on the floor, there are few great partnerships"*
- **Specialty Classes**
 - **Wedding Workshops** – *This workshop is designed to help engaged couples learn the basics to a selection of partnership dancing in a fun and social atmosphere. Couples start to learn what it is like to move as one and begin to develop what will become an enjoyable past time that will last a life time. As they learn to move together, they discover each other and how to enjoy music in a whole new way.*
 - **Couples enrichment** – *Christian Based workshop designed to further build a happy and healthy marriage. Through partnership dancing you will rediscover each other in a new way and exam the roles we play in dance and in the dance of life.*
 - **Examination Prep – Amateur**
 - **Dance/Formation Team**
- **Workout classes**
 - **Latin Workout**

- **Professional Classes – for the teaching professional**
 - **“It’s not the student’s responsibility to learn, it’s our responsibility to teach.”**
 - **For full description, please call**
 - **Anatomy of a Great Lesson**
 - **Student Types Explored**
 - **Teaching Styles Explored**
 - **Concept Method**
 - **Socratic Method**
 - **Resistance vs. Non Resistance**
 - **Social vs. Event Training**
 - **Group vs. Private**
 - **Thematic Teaching**
 - **Open Training vs. Traditional Syllabus Training**
 - **Building Retention**
 - **Using Your Voice**
 - **Keeping and Growing Your Student Body.**
 - **How to Get Referrals**
 - **Teaching Multiple Levels**
 - **Showcase (How to Guide)**
 - **Developing Competitive Students**
 - **Examination Prep**



Robert Tolentino began his career instructing ballroom in 1991. He obtained his certification in bronze, silver, and gold levels and gained experience in most types of social, competitive, and performance dancing. Over the years, he has competed in many forms of ballroom and held multiple regional titles in American Rhythm.

As an instructor, Robert excelled, becoming a 3-time recipient of the Top Teacher award. He became an experienced trainer in amateur and professional dancing, as well as professional teaching. He specializes in developing dance programs to suit individual students' needs. His teaching adaptability and ability to teach each individual in their best learning style is a rare skill that is surpassed only by his dedication.

Robert is a recipient of the Top Manager Award, and he is often called on as a consultant to troubleshoot and to help studios build up their student body.